



# Parenting Project Schedule

## January 2020



### Triple P-Positive Parenting Program

For parents of children ages 2 through 11 years

**Triple P** helps parents build a more positive relationship with their children and deal positively, consistently and decisively with problem behaviors. **Children do not attend this class.**

Day	8 Session Program Start Date:	Location Address Zip Code and Major Cross Streets	Start time	End time
Thursday	January 2	<b>Cambridge Community Center</b> 3900 Cambridge St., Multipurpose Room 89119 Maryland Pkwy. / E. Flamingo Rd.	6:00pm	8:30pm
Saturday	January 4	<b>Clark County Family Services</b> 121 S. Martin Luther King Blvd. – Lincoln Room 89106 Martin Luther King Blvd. / Symphony Park	1:00pm	3:30pm
Wednesday	January 8	<b>Whitney Ranch Recreation Center</b> 1575 Galleria Dr. 89014 Galleria Dr. / Patrick Ln.	5:30pm	8:00pm
Thursday	January 9	<b>Walnut Recreation Center</b> 3075 N. Walnut Rd. 89115 Cheyenne Ave. / east of Las Vegas Blvd.	5:30pm	8:00pm
<b><u>En Español</u></b> Jueves (Thursday)	9 de Enero	<b><u>En Español</u> Foundation for Recovery</b> 4800 Alpine Place, Suite 11 89107 Charleston Blvd. / Decatur Blvd.	6:00pm	8:30pm

**Register by calling the Parenting Project at 702-455-5295**  
Free of charge. Schedule is subject to change.

## January 2020

### BabyCare - For expecting or new parents of children birth to 6 months

Expecting and new parents have lots of questions. In this six-session program, expecting and new parents discuss many new-parent topics like bonding, infant care, early development, safety and positively nurturing and guiding behavior.

**Children do not attend this class.**

Day	6 Session Program Start Date:	Location Address Zip Code and Major Cross Streets	Start time	End time
Saturday	January 11	<b>Cambridge Community Center</b> 3900 Cambridge St., Suite 203 89119 Maryland Pkwy. / E. Flamingo Rd.	9:30am	12:00pm

**Register by calling the Parenting Project at 702-455-5295**

**Free of charge. Schedule is subject to change.**

## January 2020

### Nurturing Parents & Families- For parents of children 6 months through 4 years

This six-session program promotes positive, healthy and nurturing interactions between parents and their infants, toddlers and preschool children and offers skills to positively guide behavior, establish routines, manage stress and solve problems.

**Children do not attend this class.**

Day	6 Session Program Start Date:	Location Address Zip Code and Major Cross Streets	Start time	End time
Thursday	January 2	<b>Clark County Family Services</b> 121 S. Martin Luther King Blvd. – Lincoln Room 89106 Martin Luther King Blvd. / Symphony Park	6:00pm	8:30pm
<b>En Español</b> Lunes (Monday)	6 de Enero	<b>En Español Ruby Thomas Elementary School</b> 1560 E. Cherokee Ln. 89169 Desert Inn Rd. / Maryland Pkwy.	8:00am	10:00am
Monday	January 6	<b>East Las Vegas Library</b> 2851 E. Bonanza Rd. 89101 Bonanza Rd. / Eastern Ave.	11:30am	2:00pm
Tuesday	January 7	<b>Black Mountain Recreation Center</b> 599 Greenway Rd. 89015 Horizon Dr. / Greenway Rd.	5:30pm	8:00pm
Wednesday	January 8	<b>Walnut Recreation Center</b> 3075 N. Walnut Rd. 89115 Cheyenne Ave. / east of Las Vegas Blvd.	5:30pm	8:00pm
Wednesday	January 15	<b>Cambridge Community Center</b> 3900 Cambridge St., Multipurpose Room 89119 Maryland Pkwy. / E. Flamingo Rd.	6:00pm	8:30pm
<b>En Español</b> Jueves (Thursday)	16 de Enero	<b>En Español East Las Vegas Library</b> 2851 E. Bonanza Rd. 89101 Bonanza Rd. / Eastern Ave.	11:30am	2:00pm

**Register by calling the Parenting Project at 702-455-5295**

**Free of charge. Schedule is subject to change.**

## January 2020

### ABCs of Parenting - For parents of children ages 5 through 10 years

In this fun and interactive six-session program, parents of school-age children explore strategies to promote development, encourage positive behavior, teach responsibility, and communicate effectively with children including talking to children about drugs, alcohol and other tough issues. **FREE!!!**

Day	6 Session Program Start Date	Location Address Zip Code and Major Cross Streets	Start time	End time
Monday	January 6	<b>Clark County Family Services</b> 121 S. Martin Luther King Blvd. – Lincoln Room 89106 <i>Martin Luther King Blvd. / Symphony Park</i>	6:00pm	8:30pm
<b><u>En Español</u></b> Martes (Tuesday)	7 de Enero	<b><u>En Español</u> Walnut Recreation Center</b> 3075 N. Walnut Rd. 89115 <i>Cheyenne Ave. / east of Las Vegas Blvd.</i>	5:30pm	8:00pm
Wednesday	February 26	<b>Foundation for Recovery</b> 4800 Alpine Place, Suite 11 89107 <i>Charleston Blvd. / Decatur Blvd.</i>	6:00pm	8:30pm
Register by calling the Parenting Project at 702-455-5295 Free of charge. Schedule is subject to change.				

## January 2020

### Staying Connected With Your Teen -For parents & youth ages 11 to 17 years

Parents and youth participate together in this six-session program. Families implement positive behavior approaches and use problem-solving and conflict resolution strategies that support and encourage youth development. **Youth 11 and older may attend with a parent/caregiver. FREE!!**

Day	6 session program Start Date	Location Address Zip Code and Major Cross Streets	Start time	End time
Tuesday	January 7	<b>Clark County Family Services</b> 121 S. Martin Luther King Blvd. – Lincoln Room 89106 <i>Martin Luther King Blvd. / Symphony Park</i>	6:00pm	8:30pm
<b><u>En Español</u></b> Jueves (Thursday)	9 de Enero	<b><u>En Español</u> Cambridge Community Center</b> 3900 Cambridge St., Multipurpose Room 89119 <i>Maryland Pkwy. / E. Flamingo Rd.</i>	6:00pm	8:30pm
Wednesday	January 15	<b>Foundation for Recovery</b> 4800 Alpine Place, Suite 11 89107 <i>Charleston Blvd. / Decatur Blvd.</i>	6:00pm	8:30pm
Youth ages 11 and older attend with a parent or caregiver. Register by calling the Parenting Project at 702-455-5295 Free of charge. Schedule is subject to change.				

## January 2020

### Teen Triple P (Teen Positive Parenting Program)

For parents of teenagers ages 11 to 17 years

In this 8-session course parents explore strategies to increase desirable teen behaviors and manage problem behaviors in a constructive and caring manner to reduce conflict and minimize risk taking behavior. **For adults only.**

Day	8 session program Start Date	Location Address Zip Code and Major Cross Streets	Start time	End time
Saturday	January 4	<b>Clark County Family Services</b> 121 S. Martin Luther King Blvd. – Lincoln Room 89106 <i>Martin Luther King Blvd. / Symphony Park</i>	10:00am	12:30pm

Register by calling the Parenting Project at 702-455-5295  
**Free of charge.** *Schedule is subject to change.*

## January 2020

### Stepping Stones Triple P

For parents or caregivers of a child who has a disability

This program is designed for parents and caregivers raising a child ages 2-12 with a delay or disability and explores skills and tools to promote positive behaviors and deal with misbehavior in a way that makes a difference in daily family life. **Children do not attend this class.**

Day	8 session program Start Date	Location Address Zip Code and Major Cross Streets	Start time	End time
Friday	January 10	<b>Katz Elementary School</b> 1800 Rock Springs Dr. 89128 <i>W. Lake Mead Blvd. / US-95</i>	8:15am	10:15am

Register by calling the Parenting Project at 702-455-5295  
**Free of charge.** *Schedule is subject to change.*

## January 2020

### Primary Care Triple P -Parenting consultations

This brief, targeted one-to-one program assists parents and caregivers in creating a parenting plan to manage specific behavioral challenges related to their child or teen. Over several weeks parents develop an individualized parenting plan targeting the area of concern.

Schedule a consultation by calling the Parenting Project at 702-455-5295  
**Free of charge.** *This is a site-based service.*



# FREE PARENTING SEMINARS

For families with children from **birth to 12** years



These brief information sessions offer some practical ideas for common every day parenting issues to make parenting more enjoyable and rewarding.

## Seminar One: The Power of Positive Parenting

Build a more positive relationship with your children and explore how implementing five positive parenting principles can influence children's behavior. ***Children do not attend the seminars.***

Day	Date:	Location Address Zip Code and Major Cross Streets	Start time	End time
<b><u>En Español</u></b> Viernes (Friday)	17 de Enero	<b><u>En Español</u></b> East Las Vegas Library 2851 E. Bonanza Rd. 89101 Bonanza Rd. / Eastern Ave.	4:00pm	5:30pm
Tuesday	February 6	<b>100 Academy of Excellence</b> 2341 Comstock Dr. 89032 W. Carey Ave. / Simmons St.	5:00pm	6:30pm

Register by calling the Parenting Project at 702-455-5295

**Free of charge.** Schedule is subject to change. This is an informational session only.

## Seminar Two: Raising Confident, Competent Children

Explore ways to support the development of children and teach them skills and values.

Day	Date:	Location Address Zip Code and Major Cross Streets	Start time	End time
<b><u>En Español</u></b> Viernes (Friday)	24 de Enero	<b><u>En Español</u></b> East Las Vegas Library 2851 E. Bonanza Rd. 89101 Bonanza Rd. / Eastern Ave.	4:00pm	5:30pm
Tuesday	February 13	<b>100 Academy of Excellence</b> 2341 Comstock Dr. 89032 W. Carey Ave. / Simmons St.	5:00pm	6:30pm

Register by calling the Parenting Project at 702-455-5295

**Free of charge.** Schedule is subject to change. This is an informational session only.

## Seminar Three: Raising Resilient Children

Build a more positive relationship with children and help them learn to cope with emotions and stress.

Day	Date:	Location Address Zip Code and Major Cross Streets	Start time	End time
<b><u>En Español</u></b> Viernes (Friday)	31 de Enero	<b><u>En Español</u></b> East Las Vegas Library 2851 E. Bonanza Rd. 89101 Bonanza Rd. / Eastern Ave.	4:00pm	5:30pm
Tuesday	February 27	<b>100 Academy of Excellence</b> 2341 Comstock Dr. 89032 W. Carey Ave. / Simmons St.	5:00pm	6:30pm

Register by calling the Parenting Project at 702-455-5295

**Free of charge.** Schedule is subject to change. This is an informational session only.



# FREE TEEN PARENTING SEMINARS



For families with children from **11 to 17** years old

These brief information sessions offer some practical ideas for common every day parenting issues to make parenting more enjoyable and rewarding.

## Teen Seminar One: Raising Responsible Teenagers

Find out what makes teenagers tick! You'll come away with new ideas to encourage your teenager to make good decisions, be respectful, considerate, reliable and involved in family life. **Children do not attend the seminars.**

Day	Date:	Location Address Zip Code and Major Cross Streets	Start time	End time
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Register by calling the Parenting Project at 702-455-5295

**Free of charge.** *Schedule is subject to change. This is an informational session only.*

## Teen Seminar Two: Raising Competent Teenagers

Set your teenager up for success with strategies that can help your teen get the most out of their school years. Find out how to help them effectively communicate, develop self-discipline and good routines, Follow rules and solve problems. **Children do not attend the seminars.**

Day	Date:	Location Address Zip Code and Major Cross Streets	Start time	End time
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Register by calling the Parenting Project at 702-455-5295

**Free of charge.** *Schedule is subject to change. This is an informational session only.*

## Teen Seminar Three: Getting Teenagers Connected

Help your teenager develop supportive friendships. Explore ways to build your teen's confidence and social skills, plan ahead, meet commitments and encourage them to help others. **Children do not attend the seminars.**

Day	Date:	Location Address Zip Code and Major Cross Streets	Start time	End time
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Register by calling the Parenting Project at 702-455-5295

**Free of charge.** *Schedule is subject to change. This is an informational session only.*